



NAMI Michigan and its affiliates are dedicated to the improvement of the quality of life for persons, families and others, who are affected by mental illness, including children with serious emotional disorders, through support, education, advocacy and research.

NAMI Michigan is the foremost advocate at the state level for persons affected by mental illness, including children with serious emotional disorders, and the leading proponent on consumer and family involvement in care, treatment and recovery. We strengthen local affiliates to provide support, education and advocacy in their communities. NAMI Michigan links National resources with local affiliate passion and action. We influence public policy and coordinate affiliate, family and consumer involvement to influence our public policy at the state level.

Our Programs

NAMI Connection

NAMI Connection is a recovery support group program for adults living with mental illness that is expanding in communities throughout the country. These groups provide a place that offers respect, understanding, encouragement, and hope.

NAMI In Our Own Voice

This is a unique public education program in which two trained consumer speakers share compelling personal stories about living with mental illness and achieving recovery.

NAMI Basics Education Program

NAMI Basics is 6 weeks education program for parents and other caregivers of children and adolescents living with mental illnesses to learn the facts about mental health conditions and how best to support your child at home, at school and when they're getting medical care.

NAMI Family-to-Family

The NAMI Family-to-Family Education Program is a free, 12-week course for family caregivers of individuals with severe mental illnesses.

NAMI Family Support Group

For family members, partners and friends of someone living with a mental illness Gain insight from the challenges and successes of others facing similar circumstances

NAMI Ending the Silence

Our 50 minute long sessions help middle and high schoolers understand mental illness and about the warning signs for themselves and their friends.

NAMI Parents and Teachers As Allies

Our free, 90 minute on-site presentation will share how to understand the difference between "bad behavior" and symptoms of a mental health condition; recognize early warning signs and how to communicate this to parents.

NAMI Homefront

Based on the nationally recognized NAMI Family-to-Family program, NAMI Homefront is designed to address the unique needs of family, caregivers and friends of those who have served or are currently serving our country.

NAMI Peer-to-Peer

This in-person group experience provides the opportunity for mutual support and positive impact. It is a free, 10-session educational program for adults with mental illness who are looking to better understand their condition and journey toward recovery.

NAMI Provider

This training introduces mental health professionals to the unique perspectives of individuals living with mental illness.