



# NO WRONG DOOR to Substance Use Disorder (SUD) Services



# Substance Use Disorder (SUD) Services

- ▶ Detroit Wayne Integrated Health Network (DWIHN), Region 7 serves individuals residing in the Detroit Wayne County area, 43 cities.
- ▶ DWIHN is a Prepaid Inpatient Health Plan (PIHP) and a Community Mental Health (CMH).
- ▶ Contracts with 59 area prevention, treatment and recovery providers at 125 locations.
- ▶ Local system oversees \$64 million in federal, state, and local funds for SUD Services.

# Funding Streams

- ▶ MEDICAID
- ▶ HEALTHY MICHIGAN
- ▶ BLOCK GRANT- State Opioid Response (SOR), Gambling Program (GP) Prevention and Residential, Michigan Youth Treatment Infrastructure Enhancement (MYTIE), Community Foundation of Southeast Michigan
- ▶ PA 2 LIQUOR TAX
- ▶ COVID
- ▶ American Rescue Plan Act (ARPA)
- ▶ Postpartum Pregnant Women (PPW)

# Accessing Substance Use Disorders (SUD) and Mental Health Services

- ▶ Call our access unit at **1-800-241-4949**  
Available (24 hours/7 days/365 year)
- ▶ Brief screening conducted telephonic
- ▶ Three way warm transfer call (client, provider, access staff)
- ▶ Our providers are able to treat both **disorders** SUD and mental health.

# Eligibility For Treatment

- ▶ Must meet medical necessity criteria
- ▶ Placement based on American Society of Addiction Medicine (ASAM) criteria
- ▶ Level of care is impacted by stage of readiness
- ▶ Service array able to accommodate where the individual is at
- ▶ Focus is on recovery
- ▶ Continuous engagement
- ▶ Financial Eligibility – may require sliding fee scale, insurance status

# Traditional Treatment Services Available

## Traditional Levels of Care

- ▶ Outpatient
- ▶ Intensive Outpatient (Day Treatment and Domicile)
- ▶ Withdrawal Management (formerly detox)
- ▶ Residential

# Specialty Services Available

- ▶ Screening and Referral
- ▶ Adolescent Programs
- ▶ Gender Specific
- ▶ Older Adults (Home visits)
- ▶ Medication Assisted Treatment: Vivitrol, Methadone, Suboxone
- ▶ Communicable Disease Programs
- ▶ Case Management
- ▶ Culturally Competent
- ▶ Intensive Wraparound
- ▶ Acupuncture: decreases cravings
- ▶ Integrated Treatment Services for Mental Health & Substance Abuse

# Specialty Services Available – Continue

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- ▶ Early Intervention: for those individuals who may not meet the threshold of abuse or dependence.
- ▶ Women Specialty Services: mother & children residential programs, conferences, immunizations shots, physical exams, transportation, etc.
- ▶ Prevention Services & Coalitions: schools, health clinics, fairs, emergency rooms. Addressing prescription drug abuse, underage drinking, preventing kids under 18 from smoking
- ▶ Chance for Life: Programs in the prisons: Jackson, Ryan and Huron Valley
- ▶ MAT in Wayne County Jails
- ▶ Peer Recovery Coaches & Relapse Recovery Support Services/Recovery Homes (at each level of care, recovery homes up to 4 months, in drug courts, Emergency rooms, etc.
- ▶ Faith Based Services: in several churches, Project ECHO, spirituality is IMPORTANT
- ▶ Recovery Oriented Systems of Care (ROSC) Services
- ▶ Office-Based Opioid Treatment (OBOT)



# Priority Population Clients

- ▶ Pregnant woman who has used injected drugs within the last 30 days prior to request.
- ▶ Pregnant substance abusers.
- ▶ Person who has used injected drugs within the last 30 days prior to request.
- ▶ A parent whose child has been removed from the home or is in danger of being removed from the home under the Child Protection laws of the state because of the parent's substance abuse.

**These clients must be admitted into treatment within  
24 hours of their call**

# Women Specialty Services (WSS)

- ▶ **Eligible:** Pregnant women, post-partum women, women with dependent children and for women whose children have been removed from the home or are at risk of being removed, (as long as they retain their parental rights) because of substance abuse, according to the Children's Protective Services Laws of Michigan. Michigan law extends priority population status to men who are primary caregivers and whose children have been removed from the home or are in danger of being removed because of substance abuse.
- ▶ **Five Federal Requirements:** To be able to be considered a Gender Responsive Women's Specialty Program, the provider needs to either provide these or make arrangements or referral in partnership with community agencies. Programs that are considered Gender Competent may not be able to accommodate all of the below requirements, but are still providing Gender Responsive treatment services to eligible women. Gender Competent programs will be approved by DWMHA, and Gender Responsive programs are approved by both DWMHA and MDCH.
- ▶ Primary medical care for women you are receiving substance use disorder treatment.
- ▶ Primary pediatric care for their children, including immunizations.
- ▶ Gender specific substance use disorder treatment and therapeutic interventions for women that may address issues of relationships, sexual and physical abuse, and parenting.
- ▶ Child care while the women are receiving these services, therapeutic interventions for children in custody of women in treatment which may, among other things, address their developmental needs, and their issues of sexual and physical abuse and neglect.
- ▶ Sufficient case management and transportation services to ensure that women and children have access to the services provided in the first four requirements.

# Women Specialty Services Cont.

- ▶ **WSS funds may be used for the following services:**
- ▶ Childcare for women while in treatment or receiving primary medical care services, or pediatric care for a child
- ▶ Acupuncture as appropriate
- ▶ Progressive Muscle Relaxation as appropriate
- ▶ EFT Tapping Procedure as appropriate
- ▶ Transportation to treatment, medical and therapeutic interventions for the parent and child
- ▶ Women Conferences focusing on Trauma, Women's studies, Parenting, Self-Esteem/Empowerment, Yoga, spirituality groups, smoking cessation, weight lost groups, therapeutic massage (at the conferences only). These activities must be balanced with treatment options and topics.
- ▶ Women's journals for use in treatment services
- ▶ Speakers on Domestic Violence, Trauma, Legal Issues, Criminal Justice, Grief, Parenting
- ▶ Parenting classes as needed
- ▶ Training for SUD women and pertinent staff on SUD women related issues, **with prior approval from DWIHN (SUD Director)**
- ▶ Recovery housing for women in need that may have Block Grant, Medicaid or Healthy MI

# WSS Providers

- ▶ Detroit Recovery Project: Op & IOP Services
- ▶ Detroit Rescue Mission Ministries/Genesis III: Op, IOP, Residential, Recovery Housing, (can take women and children)
- ▶ Elmhurst Home: Op, IOP, Residential, Recovery Housing
- ▶ Hegira Health: Op & IOP Services
- ▶ Nardin Park Recovery Center: Op, MAT Services
- ▶ New Light Recovery Center: Op & IOP, MAT Services
- ▶ Personalized Nursing Lighthouse: Op, IOP, Withdrawal Management (Detox), Residential, Recovery Housing
- ▶ Quality Behavioral Health: Op, IOP, Withdrawal Management (Detox), Residential, Recovery Housing
- ▶ Sacred Heart/Clearview: Op, IOP, MAT, Withdrawal Management (Detox), Residential (can take women and children)
- ▶ Salvation Army Harbor Light: Op, IOP, Withdrawal Management (Detox), Residential (can take women and children)
- ▶ SHAR House: sub-contract with Positive Images: Residential (can take women and children)
- ▶ Star Center: Op, MAT Services

# WSS Statewide Contract

- ▶ Odyssey House: two locations Flint and Saginaw
- ▶ It provides Comprehensive Residential Family Treatment for mothers and/or fathers and all their minor children (newborn – 17).
- ▶ Their Modified Therapeutic Community approach provides structure and support combining treatment, prevention and aftercare services.
- ▶ Specialized recovery coaches and family designated recovery housing provide support for up to three years post residential care.

# WSS Pregnant & Postpartum Women's Pilot

- ▶ State pilot grant program through the Michigan Comprehensive Assistance for Family Success (MI-CAFS)
- ▶ **Eligibility:** Pregnant and parenting women with an Opioid Use Disorder (OUD) and Substance Use Disorder (SUD) and their families
- ▶ **Goals:**
  - ▶ Increase outreach, engagement, screening and assessment
  - ▶ Expand enhanced women's services
  - ▶ Increase pregnant and parenting women's care in opioid health homes
  - ▶ Increase medication assisted treatment to those with an OUD
  - ▶ Enhance collaboration across systems of care

# COVID Funding

- ▶ DWIHN has designated providers to house members who test positive for COVID
- ▶ This ensures a continuum of care and no gaps in treatment services
- ▶ This reduces additional risks of relapse/overdose by ensuring a transition to an impaneled SUD service provider to treat addiction and COVID
- ▶ Members are closely monitored and if required are transported to local hospital systems for care
- ▶ Members treatment services are continued at the level of care at which they transitioned from.

# COVID Emergency Funding

- ▶ As a response to the alarming increase in overdoses and alcohol consumption since the pandemic, specific programs were designed to address the unique needs and issues brought on by the pandemic.
  - ▶ Enhanced case management for all members through SUD/AUD Health Homes
  - ▶ Additional naloxone trainings (Overdose Response Team)
  - ▶ Additional mobile care services
  - ▶ Enhanced treatment and recovery services
  - ▶ Screening Brief Intervention and Referral to Treatment (SBIRT)



# American Rescue Plan Act

- ▶ Provides additional relief to address the continued impact of COVID-19 on the economy, public health, state and local government, individuals and businesses.
  - ▶ Additional funding for block grant
  - ▶ Additional funding for various grants and programs to prevent and treat substance abuse
  - ▶ Additional funding for overdose prevention program, syringe services and other harm reduction measures
  - ▶ Additional funding for community behavioral health needs made worse by the COVID-19 emergency

# Medication Assisted Treatment (MAT) Providers

- ▶ Metro East Clinic, (**Methadone, Vivitrol**)
- ▶ Nardin Park Recovery Center (NPRC), (**Vivitrol, Methadone**)
- ▶ New Light Recovery Center, (**Suboxone, Methadone, Vivitrol**)
- ▶ Quality Behavioral Health, (**Methadone, Suboxone, Vivitrol**)
- ▶ Rainbow Center of Michigan, (**Methadone, Vivitrol**)
- ▶ Star Center, (**Methadone, Vivitrol**)
- ▶ Wayne State University, University of Physician Group, (**Pregnant Women Specialist**)  
(**Methadone, Suboxone, Vivitrol**)
- ▶ The Guidance Center, ( **Suboxone, Vivitrol**)

# Medication Assisted Treatment Providers – Continue

- ▶ Hegira Health (**Suboxone, Vivitrol**)
- ▶ Sacred Heart (**Suboxone**) Residential
- ▶ SHAR House (**Vivitrol, Suboxone**) Outpatient & Residential
- ▶ All Well Being Services (**Vivitrol, Suboxone**) Outpatient
- ▶ Detroit Recovery Project: (**Vivitrol, Suboxone**) Outpatient

# Residential Providers

- ▶ Detroit Rescue Mission Ministries: Men & Women
- ▶ Elmhurst Home: Men & Women
- ▶ Hegira Health: Men & Women
- ▶ Personalized Nursing Lighthouse: Men & Women
- ▶ Quality Behavioral Health: Men & Women
- ▶ Sacred Heart: Men & Women
- ▶ Salvation Army Harbor Light: Men & Women
- ▶ SHAR House: Men & Women
- ▶ Sobriety House: Men Only
- ▶ Mariners Inn: Men only

# SUD INITIATIVES

- ▶ Free Naloxone Training and Kits
- ▶ HIV Program
- ▶ Transgender Program/Recovery Homes
- ▶ Detera Deactivation Bags
- ▶ Latex Condoms
- ▶ My Strength web-based and app: self management tool
- ▶ Returning Citizens (Prison) Program
- ▶ ECHO Faith Based Program
- ▶ Obesity and Health Program
- ▶ Women's Specialty Conferences
- ▶ Faith Based/SUD, HIV Women's, Heroin and Prescription Abuse Conferences
- ▶ Evidences Based Practices smart phone apps
- ▶ Screening, Brief Intervention Referral for Treatment (SBIRT)

# Detroit Wayne Integrated Health Network

## Heroin Efforts

### Naloxone/Narcan Initiative

#### ► FIRST PHASE:

Train, educate and provide Naloxone kits and its administration of the medication to First Responders consist of: Police (all local/Wayne County Departments), Sheriffs, Fire personnel, Emergency Medical Services, Border Patrol, College Campus Police, ATF, DEA, etc.

#### ► SECOND PHASE:

Train, educate and provide Naloxone kits and its administration of the medication to our prevention, treatment and recovery providers.

#### ► THIRD PHASE:

Train, educate and provide Naloxone kits and its administration of the medication to any Wayne County resident, schools, groups, bars, churches, Coney Islands, motels, Rock Financial, organizations that request our services.

# Naloxone Kit



# Faith Based Initiative (FBI)

*Faith is the doorway for so many...*



FBI is the Protective Factor that aims to Connect interfaith-based leaders with educators, researchers and professionals within our network to create progressive dialogue and to address real concerns that faith-based organizations face within the communities they serve.

We engage faith leaders from all denominations to help us help members of their congregations.



# Prevention and Coalitions Efforts

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Boots on the ground, who educate the youth and communities on substance abuse and its effects.

- ▶ Reduce Childhood and Underage Drinking
- ▶ Reduce Prescription and Over the Counter Drug Abuse/Misuse
- ▶ Reduce Youth Access to Tobacco
- ▶ Reduce Illicit Drug Use
- ▶ Increase Environmental Change
- ▶ Promote Community Advocacy

# SUD Prevention Services

- ▶ Prevention services identify gaps in the community by assessing the community needs. Preventionist disseminate information, educate and raise awareness about the efforts of community based substance abuse prevention coalitions.



Prevention Strategies:

Environmental Approach

Communication & Prevention Education

Alternatives

Problem Identification & Referral

Community Based Process

- ▶ Coalitions: are an alliance for combined action, comprised of parents, teachers, law enforcement, businesses, religious leaders, health providers and other community activists who are mobilizing at the local state, national and government levels. Coalitions consist of: youth groups, schools, parents, tribal leaders, business community, media, clergy/faith based, civic or volunteer organizations, LGBTQ individuals, military, law enforcement, courts/judicial system, health care professionals, mental health and substance abuse professionals.



# Prescription Drug (Prevention) Efforts - Continue

## Deterra Bags:

- ▶ DWIHN purchased the Deterra Bags to aid in addressing the prescription abuse problem in the Detroit/Wayne County area. Deterra bags provide a convenient, discreet, environmentally and socially responsible method for getting rid of unused, unwanted, or expired prescription pills, liquids, and patches. Medications are deactivated, rendering them ineffective for misuse or abuse. The biodegradable bags contain an activated carbon that breaks down chemical compounds in the drugs, making them safe for landfill disposal.
- ▶ DWIHN launched the Deterra bags in the summer of 2016 that deactivates and dissolves unused prescriptions. It is eco-friendly just add water and throw in the kitchen trash. It is for patches, pills and liquids. We have distributed to senior citizens facilities. Distributed at town hall meetings and at health fairs.



# DWIHN Innovative Projects

- ▶ **MyStrength App** - Is a self management tool which uses proven evidence-based materials grounded in Cognitive Behavioral Therapy, Mindfulness, Positive Psychology, Motivational Interviewing and other empirically, validated therapeutic approaches. The program is designed to be used independently or in conjunction with other care.
- ▶ The app is based on his/her confidential wellness assessment and personal profile. The user can then engage in a personalized eLearning program, with the option to focus on stress management, depression, anxiety, or substance use. The eLearning is supported by simple tools and exercises, mood tracker and daily inspirational quotes and videos in a safe and confidential environment.

## DWIHN Innovative Projects - Continue

- ▶ **Families Against Narcotics (FAN)** - is aimed at bringing law enforcement and community organizations together in an effort to find viable treatment options for individuals seeking assistance. 3 chapters DWIHN provides seed money: Detroit, Western Wayne & Downriver
- ▶ **Women Specialty Services (WSS)Conferences** - Women Conferences focus on Trauma, Prescription Abuse and Misuse Women's studies, Parenting, Self-Esteem/Empowerment, Detox Yoga, spirituality groups, smoking cessation, weight lost groups, therapeutic massage (at the conferences only).

## DWIHN Innovative Projects - Continue

- ▶ **Hope Not Handcuffs/Angel Project** - a collaborative project in which someone in need of SUD treatment can enter into a police station or Michigan State Police (MSP) Post and ask to receive help for their drug problem.

# Other Heroin/Opioid Efforts

## **Multimedia Campaigns**

- ▶ DWIHN launched a multimedia campaign using billboards, buses signage, television and radio to bring awareness to the resources available to residents in the Detroit Wayne County area. These efforts have increased SUD outreach to a larger audience using SCRIPPS, TV stations, FOX 2, Channel 4, Bounce, Channel 20 and ABC.

# Other Heroin/Opioid Efforts - Continue

## **Multimedia Campaign**

- ▶ The prevention and treatment messages highlight our access number 1-800-241-4949 for SUD and Mental Health services that are available 24 hours a day, 7 days a week, and 365 days of the year. These prevention messages are advertised across the Detroit Wayne County area in high traffic and high risk areas, such as freeways, major streets and buses (interior & exterior).



# Permanent Prescription Boxes

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Hamtramck Drug Free Community Coalition -  
Hamtramck Police Department, 3401 Evaline  
Hamtramck, MI 48212

Inkster Police Department

Abundant Community Services sites: Kiosk #1  
located at 9600 Dexter, Detroit, MI 48221 Office of  
Doctor Craig A. Bailey M.D.

Kiosk #2 located at 15885 Woodward, Highland Park,  
MI 48203 Offices of B.A.S.S. Inc.

Kiosk #3 located at 9740 Conant Ave. Hamtramck,  
MI 48212, Office of Hamtramck Urgent Care.

Grosse Point (Beaumont) Community Health  
Coalition sites: #1) Grosse Pointe Woods Public  
Safety -20025 Mack Plaza Dr., Grosse Point, MI 48236

#2) City of Grosse Pointe Public Safety -17145  
Maumee Avenue, Grosse Point, MI 48230

#3) Grosse Pointe Park Public Safety -15115 E  
Jefferson Avenue, Grosse Pointe Park, MI 48230

Allen Park Police Department- 16850 Southfield Road,  
Allen Park, MI 48101

Flat Rock Police Department 25500 Gibraltar Rd, Flat  
Rock, MI 48134

Grosse Ile Police Department – 24525 Meridian Rd,  
Grosse Ile Township, MI 48138 Phone:(734) 676-7100

Gibraltar Police Department- 29450 Munro Street,  
Gibraltar, MI 48173

Harper Woods Police Department -19617 Harper Ave.,  
Harper Woods, MI 48225

Lincoln Park Police Department - 1427 Cleophus Pkwy,  
Lincoln Park, MI 48146

Livonia Police Department - 15050 Farmington Rd,  
Livonia, MI 48154

Melvindale Police Department- 3100 Oakwood  
Boulevard, Melvindale, MI 48122

Riverview Police Department- 14100 Civic Park Drive,  
Riverview, MI 48193

Rockwood Police Department- 32409 Fort Street,  
Rockwood, MI 48173

Southgate Police Department - 14710 Reaume  
Parkway, Southgate, MI 48195

Taylor Police Department - 23515 Goddard Rd,  
Taylor, MI 48180

Romulus Police Department - 11165 Olive St, Romulus,  
MI 48174

Westland Police Department - 36701 Ford Rd,  
Westland, MI 48185

Woodhaven Police Department- 21869 West Road,  
Woodhaven, MI 48183

Wyandotte Police Department - 2015 Biddle Ave # 1,  
Wyandotte, MI 48192

Sumpter Township Police Department 23501 Sumpter  
Rd., Belleville, MI 48111

Wayne State University, 6050 Cass Ave., Detroit, MI  
48202

Dearborn Police Department – 16099 Michigan Ave.,  
Dearborn, MI 48126

Trenton Police Department 2800 Third St., Trenton, MI  
48183

# Evidence Based Curriculums utilized by the DWIHN Provider Network

- ▶ **Prevention:** Botvin Life Skills, Communities That Care, Guiding Good Choices, Parenting Wisely, Screening Brief Intervention, and Referral to Treatment (SBIRT), BABES, SFP 10-14, Project ASSERT, Active Parenting, Project Toward No Drug Abuse, SBIRT, Tar Wars, Second Step, a local model – Beginning Awareness Basic Education Studies(BABES) and more.
- ▶ **Treatment:** Trauma Recovery & Empowerment Model (TREM), TREM G (adolescents) , Cognitive Behavioral Therapy (CBT), Twelve Step Facilitation Therapy, Motivational Interviewing (MI), Contingency Management (CM), Stage Match Treatment, Motivational Enhancement Therapy (MET), Medication Assisted Treatment (MAT), Matrix (adolescents IOP)

# State Opioid Response (SOR) Programs

- ▶ Youth/Family Oriented Prevention Evidence Based Practices (EBPs)
- ▶ Overdose Education and Naloxone Distribution (OEND) with Harm Reduction
- ▶ Peers in Federally Qualified Health centers (FQHCs), Urgent Care, and other out-patient settings for (Screening Brief Intervention, Referral to Treatment (SBIRT)
- ▶ Opioid Use Disorder (OUD) Treatment Costs
- ▶ Jail-Based (Medication Assisted Treatment (MAT) Expansion
- ▶ Recovery Housing
- ▶ OUD Recovery Services Costs
- ▶ Mobile Care Units

# State Opioid Response (SOR) 2

- ▶ Adverse Childhood Experiences (ACEs)
- ▶ Overdose Education and Naloxone Distribution (OEND) with Harm Reduction
- ▶ Project Assert
- ▶ Peers in FQHCs, Urgent Care, and other Out-Patient Settings for SBIRT
- ▶ Mobile Care Units
- ▶ Jail-Based MAT Expansion
- ▶ MISSION REP
- ▶ Opioid Health Home
- ▶ Case Managements
- ▶ Recovery Housing
- ▶ Transportation

# Mobile Care Units

## Mobile Care Units

- ▶ Mobile care units are retrofitted recreational vehicles/vans/buses that will bring counseling, therapeutic, and physical health services to OUD patients. The units have an area for intake and scheduling, a restroom to incorporate urine screening, and at least one private room for counseling.
- ▶ Harm reduction activities including overdose education and Naloxone distribution are expected to be provided within the mobile care units. The units may also have a telehealth component.





# Mobile Units Cont.



# Other Specialty Programs

- ▶ Prevention Gambling Program
- ▶ Residential Gambling Program

# Gambling Disorder (GD)

- ▶ **Gambling Program Initiative (GPI)**
- ▶ Increase GD awareness via media campaigns and related awareness methods;
- ▶ Provide prevention and outreach services;
- ▶ Increase use of the GD Help-line;
- ▶ Implement and perform GD assessment and referral to treatment services;
- ▶ Address the prevalence of GD across all populations.



# Residential Gambling Disorder Program

- ▶ One residential provider (Mariners Inn) will provide Gambling Disorder Residential Treatment. The pilot is for individuals with a gambling disorder who require the highest level of treatment services. The residential treatment provider will supply residential services for individuals who are using alcohol and/or other drugs and have a gambling disorder. These individuals have been stabilized medically and are able to participate in a structured 30-day residential treatment program.
- ▶ This program is open to any citizen in the state that may have the issues listed above.
- ▶ Treatment includes a combination of 12-step principles, cognitive behavioral therapy, motivational interviewing, expressive arts, and evidence-based alternatives. These individuals will participate in a multidisciplinary team that provides evidence-based mental health and substance use interventions in an integrated fashion through individual & group therapy, case management, vocational assistance, GED, and literacy services.

# Complimentary and Alternative Medicine (CAM) Form of Treatment

- ▶ **Acupuncture** - is a therapy which was developed in China over 2500 years ago and has been used successfully to treat a wide variety of illnesses. It is now used worldwide. Acupuncture works by stimulating designated points on the body via the insertion of very fine needles. These points correspond with the functions of internal organs and other bodily processes as defined by the principals of Chinese medicine.
- ▶ **Substances that respond well to acupuncture: crack, cocaine, alcohol, heroin, opiates, nicotine, methadone, methamphetamines and others.**

# SUD Staff Information

- ▶ **Greg Lindsey**, Treatment Services Administrator, [glindsey@dwihn.org](mailto:g lindsey@dwihn.org)
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# Questions

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